

## **What We Look for in Peer Leaders**

### *Ability to Give Space for Others*

You can bring energy and vibrancy to the room (or Zoom room) while making space for others. You challenge yourself and others to participate while also being compassionate towards everyone's personal situation.

### *Listening Skills*

You know how to listen well, giving full attention to whomever is speaking. You show your care through active listening and active reflection.

### *Timeliness*

You can show up to all OSWx meetings on Tuesdays and Thursdays consistently for 6 months. Should any obstacle come in between attendance to a meeting, you would let someone know prior to this and find another Peer Leader or OSWx member to fill in for you. You are able to maintain and track logistics of the calendar.

### *Vulnerability*

You know how to share openly and honestly with others. You always bring your authentic self to the table. You understand that vulnerability fosters connections.

### *You're the party-thrower, not the party-goer*

You bring energy and excitement to the group. While the group is a space for you to show up as you are, your main priority is to allow others to be present with their own experience.

### *Obstacles*

When confronted with an obstacle, you work with your team and your coach to find the solution. You are patient and open-minded to hearing others' perspectives on figuring out a solution.